SGMC Clinics Expand Telemedicine

In an effort to limit potential unnecessary COVID-19 exposures, South Georgia Medical Center clinics are expanding the use of telemedicine as an alternative to traditional appointments.

Telemedicine involves the use of electronic communications through devices, such as cell phones, tablets and computers, to provide clinical services to patients without an in-person visit.

According to SGMC Family Medicine physician Dr. Kyle Adams, telemedicine is especially beneficial for patients at the highest risk for complications from COVID-19.

The Centers for Disease Control says this would include older adults and people of any age who have serious underlying medical conditions.

Right now SGMC clinics will use this option for current patients who prefer this method. While it doesn’t replace a full comprehensive office visit, it is a great option for individuals needing to get prescriptions refilled or basic followup screenings.

Patients should reach out to their physician prior to any scheduled appointments to see if this option is available.

SGMC participating clinics include:

- SGMC Cardiology
- SGMC CardioVascular Institute
- SGMC Diabetes Management Center
- SGMC Family Medicine at North Valdosta, Valdosta and Lakeland
- SGMC General Surgery
- SGMC Health Care South
- SGMC Urology

For more information visit sgmc.org.