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Floyd Behavioral Health Renews Focus on Seniors

Providing care for senior patients with mental health problems can be a challenge in many situations, but therapists at Floyd Behavioral Health can help through the refocused Senior Adult Care program.

Whether they are treating mood disorders or addiction issues, the skilled, experienced professionals at Floyd Behavioral Health use their clinical expertise to help lead patients toward recovery using the appropriate treatments.

Our therapists offer innovative treatments for a range of conditions, including:

- Addiction
- Anxiety disorders
- Behavior disorders
- Bipolar disorder
- Depression
- Fear
- Impulse control disorder
- Post-traumatic stress disorder
- Psychosomatic disorder
- Schizophrenia
- Substance abuse

Through the Senior Adult Care program, some patients will experience notable improvement. Other patients and their families will benefit from improved coping skills that come from increased awareness and understanding of the patient's condition.

"Older members of our population pose some unique challenges when it comes to mental health issues," said Charmaine Thomas, Administrator of Floyd Behavioral

Health. “We have developed therapies that target their specific needs in an effort to help them heal and thrive.”

Senility and depression are not a part of the normal aging process. The following are signs that assistance may be needed:

- A dramatic decline in thinking, memory and the ability to do daily activities
- Difficulty concentrating and making decisions
- Feelings of helplessness, hopelessness and worthlessness
- Personality changes and/or periods of confusion
- Abnormal behavior, increased worrying, anger and crying spells

Qualified mental health professionals are available Monday through Friday from 8:30 a.m. - 4:30 p.m. to provide confidential mental health screenings free of charge. Call 706.509.3500. Insurance will not be billed.

A screening is an important first step in determining the level of care you or your family member may need. The goal is to determine if further assessment is needed to provide the right treatment in the best place to achieve an optimal outcome.

For more information about Floyd Behavioral Health’s services visit <https://bit.ly/321rqfr>.