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INFORMATION
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# 10 Vitruvian Health physicians recognized as Top Doctors

**DALTON, Ga. (October 22, 2026) –** Ten physicians from Vitruvian Health – northwest Georgia and southeast Tennessee's premier health care system – have been recognized by Castle Connolly as Top Doctors. The physicians also appear in the July special issue of HealthScope Magazine among its list of Top Doctors, reflecting the system's overall mission of patient-centered excellence.

The Vitruvian Health physicians receiving this recognition include Selwin Abraham, MD; Sonny Achtchi, DO; Arif N. Ali, MD; Hugh Coke, MD; Ateet Patel, MD; Anand Kenia, MD; Zorana Mrsic, MD, (Exceptional Women in Medicine Award); Carlos Peñaherrera, MD; Sergio Quijano, MD; and Stefan Seemungal, MD (Rising Star).

Castle Connolly Top Doctors are selected through a rigorous process that is based on peer nominations, professional achievements and excellence in patient care. According to Castle Connolly, these doctors exemplify the highest standards of expertise and integrity, giving patients the confidence and guidance to make informed healthcare decisions. The recognition methodology has been vetted and endorsed by the Castle Connolly Medical Advisory Board, which is a select group of experts established to provide expertise and council to continuously improve and evolve the experience for patients and providers.

The Exceptional Women in Medicine awardees are recognized annually, based on peer nominations and outstanding accomplishments and dedication to the field of medicine. These women have contributed to the advancement of healthcare through clinical care, research, community service, education and/or leadership.

The Rising Star Award recognizes early-career physicians who have demonstrated outstanding accomplishments and dedication to the field of medicine. Nominated by their peers, these doctors are emerging leaders in the medical community, with clear contributions to the advancement of healthcare through clinical care, research, community service, education and leadership.

HealthScope Magazine's Top Doctors issue celebrates local health care with a Top Doctors list showcasing doctors as the best in their specialty or area of practice.

"We are proud to celebrate the physicians recognized among this year's Castle Connolly Top Doctors and HealthScope Top Doctors," said Jeff Myers, president and CEO of Vitruvian Health. "Their expertise, compassion and commitment to patient-centered care strengthen our mission to provide exceptional healthcare throughout Northwest Georgia and Southeast Tennessee."

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**Photo:** On the top, from left, are Selwin Abraham, MD; Sonny Achtchi, DO; Arif Ali, MD; Hugh Coke, MD; and Ateet Patel, MD. On the bottom are Anand Kenia, MD; Zorana Mrsic, MD; Carlos Peñaherrera, MD; Sergio Quijano, MD; and Stefan Seemungal, MD.

**About the Top Doctors:**

**Selwin J. Abraham, MD**
Dr. Abraham is a board-certified interventional cardiologist at Vitruvian Health Heart & Vascular in Cleveland, Tenn. He attended medical school at Loma Linda University School of Medicine in Loma Linda, Calif., and his residency training in internal medicine, and his cardiology and interventional cardiology fellowships at the Baylor College of Medicine in Houston, Texas.

**Sonny Achtchi, MD**
Dr. Achtchi is a board-certified interventional and endovascular cardiologist for Vitruvian Health Heart & Vascular in Dalton, Ga. A graduate of Nova Southeastern University College of Osteopathic Medicine in Fort Lauderdale, Fla., Achtchi completed fellowships in internal medicine, cardiovascular disease and interventional cardiology at Emory University. He is a fellow of the American College of Cardiology and of the Society for Cardiovascular Angiography and Interventions. He is certified by the Certification Board of Nuclear Cardiology and the National Board of Echocardiology.

**Arif Ali, MD**
Dr. Ali is a radiation oncologist and is the medical director for Peeples Cancer Institute (PCI), part of Hamilton Medical Center in Dalton, Ga. A graduate from the University of Chicago and Emory University, Dr. Ali also holds a faculty appointment and actively participates in the Department of Radiation Oncology at the Medical College of Georgia's Northwest Campus, teaching medical students and resident physicians while contributing to advancements in the field of oncology.

**Hugh Coke, MD**

Dr. Coke is a board-certified non-invasive cardiologist at Vitruvian Health Heart & Vascular in Dalton, Ga., and Hamilton Health – Calhoun in Calhoun, Ga. He attended medical school at Emory University in Atlanta and completed his residency training in internal medicine at the Keesler Medical Center Air Force Base in Biloxi, Miss., and the University of Mississippi Medical Center in Jackson, Miss. He also completed his fellowship in cardiology at the Brooke Army Medical Center San Antonio Military Medical Center in San Antonio, Texas.

**Anand S. Kenia, MD**

Dr. Kenia is a board-certified cardiac electrophysiologist (diagnosing and treating problems with the heart's electrical system) with Vitruvian Health Heart & Vascular. He is practicing at Vitruvian Health Heart & Vascular in Dalton, Ga., Hamilton Health – Calhoun, in Calhoun, Ga., and Vitruvian Health Heart & Vascular in Cleveland, Tenn. Dr. Kenia is a graduate of Tufts University School of Medicine and has a Bachelor of Business Administration degree from Emory University Goizueta Business School. He also completed a cardiac pacing and electrophysiology fellowship and a cardiovascular diseases fellowship at Thomas Jefferson University Hospital. Board certified in internal medicine, cardiovascular disease, clinical cardiac electrophysiology and echocardiography, Dr. Kenia has received numerous awards and recognitions, including being repeatedly named as a Castle Connolly Top Doctor.

**Zorana Mrsic, MD**

Dr. Mrsic is an Army veteran and board-certified non-invasive cardiologist for Vitruvian Health Heart & Vascular in Dalton, Ga. A graduate of Medical College of Georgia - Augusta University, Mrsic completed a residency at D.D. Eisenhower Army Medical Center, Fort Gordon. She also completed a cardiology fellowship at Walter Reed National Military Medical Center, Bethesda, Md. She served as chief of cardiology at Womack Army Medical Center in North Carolina from 2022 to 2024.

**Ateet Patel, MD**

Dr. Patel is Chief of Heart & Vascular at Vitruvian Health and a board-certified interventional and structural cardiologist at Vitruvian Health Heart & Vascular in Dalton, Ga., and Cleveland, Tenn. He attended medical school at the Emory University School of Medicine in Atlanta and completed his residency training in internal medicine at the University of California San Francisco. He earned his Master in Business Administration degree at Northwestern University – Kellogg School of Management in Evanston, Ill. He also completed his fellowships in cardiology at the Northwestern University Feinberg School of Medicine in Chicago, Ill., and then further trained in structural and interventional cardiology at the Emory University School of Medicine in Atlanta.

**Carlos Peñaherrera, MD**

Dr. Peñaherrera is an endocrinologist at Hamilton Diabetes and Endocrinology Center in Dalton, Ga., Hamilton Health – Calhoun in Calhoun, Ga., and Hamilton Health – Catoosa in Ringgold, Ga. He speaks both English and Spanish. Dr. Peñaherrera attended medical school at the University Católica de Santiago de Guayaquil in Guayaquil, Ecuador, completed his residency training in internal medicine at Morristown Medical Center in Morristown, N.J., and completed his

fellowship in endocrinology at the University of Miami Jackson Memorial Hospital in Miami, Fla. Dr. Peñaherrera treats patients with Type 1, Type 2, and gestational diabetes, hypothyroidism, hyperthyroidism, thyroid Nodules, hypoglycemia, hyperinsulinemia, metabolic syndrome, adrenal and pituitary gland disease, parathyroid disease, polycystic ovarian syndrome, osteoporosis and more.

**Sergio F. Quijano, MD**
Dr. Quijano is a board-certified gastroenterologist at Hamilton Physician Group – Gastroenterology in Dalton, Ga. He is fluent in English and Spanish. Dr. Quijano attended medical school and completed his residency training at the New York University School of Medicine in New York, N.Y. He also completed his fellowship in gastroenterology at the SUNY Health Science Center at Brooklyn in Brooklyn, New York. Dr. Quijano treats patients with GI conditions, including GERD, abdominal pain, peptic ulcer disease, inflammatory bowel disease, liver conditions including fatty liver, hepatitis B, C, and functional GI conditions like gastroparesis and irritable bowel syndrome. He also performs general GI procedures such as upper endoscopies, colonoscopies, flexible sigmoidoscopies, video capsule endoscopies and manometries.

**Stefan Seemungal, MD**
Dr. Seemungal is a non-invasive cardiologist with Vitruvian Health Heart & Vascular in Dalton, Ga. Dr. Seemungal received his medical degree at St. George's University School of Medicine in Grenada. He completed an Internal Medicine residency and Cardiovascular Disease fellowship at New York Health and Hospitals – South Brooklyn Health in Brooklyn, N.Y., where he also served as chief resident.

**About Vitruvian Health**
Vitruvian Health, formerly Hamilton Health Care System, is a not-for-profit, fully integrated health system serving the Northwest Georgia and Southeast Tennessee regions. Vitruvian includes Hamilton Medical Center in Dalton, Ga., and Bradley Medical Center in Cleveland, Tenn., affiliated physician practices, walk-in care centers, retirement and skilled nursing centers, a diagnostic center, a cancer institute, an institute for children with developmental delays, and more. Known for its advanced care and personalized service, Vitruvian Health offers innovative treatment options in state-of-the-art facilities while maintaining a compassionate, friendly and tranquil healing environment.

The Vitruvian name draws from the organization's recognizable da Vinci-inspired Vitruvian Man icon, which has been a prominent part of Hamilton's logo since 1976. Da Vinci's Vitruvian Man represents harmony, balance, and the interconnectedness of all aspects of health, perfectly aligning with Hamilton's integrated system of care.