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## **Rheumatologist Trina Pal joins Hamilton Physician Group – Specialty Care**

**DALTON, Ga.** (Oct. 14, 2024) – Rheumatologist Trina Pal, MD, has joined Hamilton Physician Group – Specialty Care where she treats patients with autoimmune conditions, such as lupus and rheumatoid arthritis.

After studying political science and neuroscience at Lehigh University for her undergraduate degree, Pal earned a master’s degree in public health — with a focus on global health — at Icahn School of Medicine at Mount Sinai and conducted research in India. She went on to St.



George’s University in Grenada for medical school and completed a fellowship in rheumatology at Yale School of Medicine.

“I knew I wanted to be a physician from probably day one,” Pal said. “I’ve always wanted to help people, and I’ve volunteered since I was little. My first job was a lifeguard. I joined the EMS of our local town as soon as I could. My whole path to medicine was geared toward becoming a doctor by the end.”

Today, rheumatology gives Pal an opportunity to develop lifelong relationships with patients who typically need long-term management of diseases.

She has also been involved in ongoing projects to educate doctors and patients in Uganda and Rwanda about the field.

“I think it’s important to place some focus on wellness and preventive care because a lot of our autoimmune diseases have to do with our diet, our gut health and our dental health,” she added.

Pal treats autoimmune diseases like systemic lupus erythematosus, polymyositis, dermatomyositis, rheumatoid arthritis, psoriatic arthritis.

To make an appointment with Pal in the Dalton location, call 706-529-3072.

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Photo: Trina Pal, MD