



Vitruvian Health

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INFORMATION

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Staubs joins Hamilton Health – Catoosa

DALTON, Ga. (August 13, 2025) – Alejandra Staubs, DO, is a board-certified family medicine physician who recently joined Hamilton Health – Catoosa, part of Vitruvian Health. She provides comprehensive care for patients ages 12 and older, with a focus on treating the whole family.

Staubs completed her medical degree at the New York Institute of Technology College of Osteopathic Medicine in Old Westbury, N.Y., and her family medicine residency at Suburban Community Hospital in Norristown, Pa. She is board-certified by the American Osteopathic Association in family practice. As a Doctor of Osteopathic Medicine (DO), she emphasizes a holistic approach to patient care.

Fluent in Spanish, Staubs values the relationships she builds through family medicine, describing it as one of the most rewarding aspects of her career.

“I think the most rewarding part of my job is empowering patients to take ownership of their health and to really be an active participant in managing their conditions,” she says.

She lives in Catoosa County with her husband, two daughters and three dogs. Outside of her practice, she enjoys spending time with her family and being part of the community she serves.

To schedule an appointment with Staubs, call Hamilton Health – Catoosa at 706-965-4060.

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Photo: Alejandra Staubs, DO

About Vitruvian Health

Vitruvian Health, formerly Hamilton Health Care System, is a not-for-profit, fully integrated health system serving the Northwest Georgia and Southeast Tennessee regions. Vitruvian includes Hamilton Medical Center in Dalton, Ga., and Bradley Medical Center in Cleveland, Tenn., affiliated physician practices, walk-in care centers, retirement and skilled nursing centers, a diagnostic center, a cancer institute, an institute for children with developmental delays, and more. Known for its advanced care and personalized service, Vitruvian Health offers innovative treatment options in state-of-the-art facilities while maintaining a compassionate, friendly and tranquil healing environment.

The Vitruvian name draws from the organization's recognizable da Vinci-inspired Vitruvian Man icon, which has been a prominent part of Hamilton's logo since 1976. Da Vinci's Vitruvian Man represents harmony, balance, and the interconnectedness of all aspects of health, perfectly aligning with Hamilton's integrated system of care.