

For Immediate Release

May 16, 2025

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Tanner Hosts a Community Event Teaching Hands-Only CPR

Tanner Health recently hosted a series of hands-only CPR classes in Wedowee, Carrollton and Villa Rica, which brought together dozens of community members for an inspiring and educational experience.

These sessions not only equipped participants with vital, life-saving skills but also emphasized the importance of preparedness, collaboration, and heart health awareness.

Attendees learned Hands-only CPR, a simple yet critical intervention that can double or even triple a victim's chances of survival when performed immediately on someone experiencing sudden cardiac arrest. With over 350,000 out-of-hospital cardiac arrests occurring in the United States each year, community education like this plays a vital role in increasing survival rates.

The events were celebrated for their strong community atmosphere, with families, couples, and individuals actively participating in learning this essential, life-saving skill. Children were especially excited to join in, demonstrating that it is never too early to prepare for emergencies. The enthusiasm of these young participants highlighted the importance of empowering all generations with the ability to act in life-or-death situations.

During the Carrollton class, West Georgia Ambulance joined the effort, providing attendees with valuable insights into the real-life impact of effective chest compressions. Emergency responders emphasized that immediate Hands-only CPR can sustain blood flow to the brain and vital organs while waiting for professional medical help to arrive. This collaboration between healthcare professionals and the community not only taught lifesaving skills but also educated the attendees on the importance of heart health and how to combat heart disease.

By hosting these classes, Tanner Health underscored its commitment to improving health outcomes across the region. Initiatives like these are essential in spreading awareness about heart health and enabling individuals to take immediate, life-saving actions during emergencies.

For those unable to attend, Tanner Health continues to offer opportunities for community members to engage in educational programs centered on health and safety.

To learn more about upcoming classes or events, visit tanner.org/classes-and-events.

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