



St. Mary's to host community health fair at Athens Regional Library

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FOR IMMEDIATE RELEASE

Athens, GA – St. Mary's Health Care System has rescheduled its Community Health Fair at the Athens Regional Library for Tuesday, March 17, from 11 a.m. to 3 p.m.

The event was originally scheduled for January, but was postponed because of snow, ice and frigid temperatures.

The fair will feature a variety of service providers and organizations to promote overall health and well-being. All services and information are free. St. Mary's staff, including physicians from Community Internal Medicine of Athens, will provide:

- Blood pressure screenings
- Diabetes prevention and A1C screenings
- End of life care information
- Heart attack care (CPR)
- Infection control information
- Nutrition counseling with a registered dietitian

In addition, Athens Neighborhood Health Center and Advantage Behavioral Health Services will provide information and other services, Athens Pop Up Park will provide a free mobile activity bus with games and activities, and the Athens-Clarke County Library social worker will be available. Other community-based organizations will also be on-hand to provide services and education related to a person's overall health.

The library is located at 2025 Baxter Street, offers plenty of free parking, and is served by Athens Transit. The facility is ADA compliant and provides handicapped parking.

For more information, contact Catherine Gurak, St. Mary's Community Benefit and Outreach coordinator, at catherine.gurak@stmarysathens.org.

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