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## **Student Athletic Trainer Camp Offered to High School Students**

BRUNSWICK, Georgia: March 16, 2023– High school students who love sports and medicine, and want to learn about career opportunities that involve both, are encouraged to attend the tenth annual Student Athletic Trainer Camp hosted by Southeast Georgia Health System.

During the three-day comprehensive camp, Health System Sports Medicine certified athletic trainers will introduce students entering grades 9-12 to the field of sports medicine and athletic training, and the many associated career opportunities. Few experiences can better prepare high school students with an opportunity to pursue athletic training at their high school, college, or as a career.

"The camp provides students a great opportunity to learn important fundamentals in sports medicine," says Chantal Pierre, ATC, certified athletic trainer, Southeast Georgia Health System Sports Medicine. "They'll receive valuable hands-on training, including splinting, taping and injury prevention. The camp prepares students to return to their school and possibly work alongside a certified athletic trainer as a student athletic trainer aide."

Camp participants receive valuable hands-on training for basic skills and techniques used in sports medicine, including:

- Injury treatment
- Athletic taping and bracing
- Hands-only CPR and automated external defibrillator (AED)
- First aid

"High school students leave camp with a good understanding of different careers in sports medicine to possibly carve a pathway for their future," says Pierre. "We will discuss multiple sports medicine career options such as orthopaedic surgeon, physical therapist, nutritionist, physician assistant, and the benefits of each."

Student Athletic Trainer Camp takes place June 6-8, 2023, 8:30 a.m.-2:30 p.m., at the Glynn County Stadium, 5 Community Action Drive. Space is limited; registration and payment is due by May 20, 2023. The cost for the three-day camp is \$85 and includes camp materials, lab supplies, T-shirt, lunch and snacks.

For more information, or to obtain a registration form, contact Chantal Pierre at 561-632-1462 or cpierre@sghs.org or visit sghs.org/sportsmedicine. Registrations are also available online at https://2023-camp.eventbrite.com. A \$7.55 service charge is added when registering online.

## ABOUT SOUTHEAST GEORGIA HEALTH SYSTEM

Southeast Georgia Health System is a not-for-profit health system comprised of two acute care hospitals, two long term care facilities, two comprehensive Cancer Care Centers and multiple specialty care centers, including orthopaedic and spine care, joint replacement, breast care, maternity, outpatient rehabilitation, sleep management and wound care. The Brunswick Campus Cancer Care Center is accredited by the American College of Surgeons Commission on Cancer and is one of the few centers in Georgia to offer CyberKnife® M6 with MLC. Additionally, the Brunswick Campus is accredited by The Joint Commission as an Advanced Primary Stroke Center and the Camden Campus is accredited as an Acute Stroke Ready Hospital. For more information, visit sghs.org.