



Vitruvian Health

FOR IMMEDIATE RELEASE

FOR MEDIA

INFORMATION

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Hamilton Medical Center providing free heart health assessments during American Heart Month

DALTON, Ga. (February 3, 2026) – Hamilton Medical Center (HMC), part of Vitruvian Health, is providing free heart health assessments at various locations in Northwest Georgia in February.

February is American Heart Month, and HMC is encouraging people to focus on their cardiovascular health. Local assessments will include cholesterol, glucose and blood pressure checks. Participants may enter to win a heart health basket.

Assessments include:

- Wednesday, Feb. 11, 10 a.m. to noon, Bradley Wellness Center, 1225 Broadrick Drive, Dalton
- Friday, Feb. 13, 9 to 11:30 a.m., Whitfield County Senior Center, 302 Cappes Street, Dalton
- Tuesday, Feb. 17, 10 a.m. to noon, Murray County Senior Center, 820 Maddox Parkway, Chatsworth
- Wednesday, Feb. 18, 9:30 to 11 a.m., Catoosa County Senior Center, 1442 Catoosa Circle, Ringgold
- Friday, Feb. 20, 9 to 11 a.m., Gordon County Senior Center, 150 Cambridge Court, Calhoun

If you would like to attend any of these events and need assistance with interpretation services and/or auxiliary aids, please call 706-272-6114 at least one day prior to the event.

To help prevent heart disease, you can choose healthy habits like consuming healthy foods and drinks, maintaining a healthy weight, getting regular physical activity and by not smoking.

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About Hamilton Medical Center

The flagship affiliate for Vitruvian Health's Northwest Georgia region, Hamilton Medical Center (HMC) is a 255-bed regional acute-care hospital that offers major medical, surgical and diagnostic services, including accredited stroke and chest pain centers. Advanced technology and wellness are two significant areas of focus for HMC. Services include the freestanding Hamilton Ambulatory Surgery Center, Hamilton Diagnostics Center, and Bradley Wellness Center, as well as a Level II trauma center, Peeples Cancer Institute, Heart & Vascular program (including open heart surgery), Hamilton Spine Health and Sport, Level III Neonatal Intensive Care Unit, and more.

About Vitruvian Health

Vitruvian Health, formerly Hamilton Health Care System, is a not-for-profit, fully integrated health system serving the Northwest Georgia and Southeast Tennessee regions. Vitruvian includes Hamilton Medical Center in Dalton, Ga., and Bradley Medical Center in Cleveland, Tenn., affiliated physician practices, walk-in care centers, retirement and skilled nursing centers, a diagnostic center, a cancer institute, an institute for children with developmental delays, and more. Known for its advanced care and personalized service, Vitruvian Health offers innovative treatment options in state-of-the-art facilities while maintaining a compassionate, friendly and tranquil healing environment.

The Vitruvian name draws from the organization's recognizable da Vinci-inspired Vitruvian Man icon, which has been a prominent part of Hamilton's logo since 1976. Da Vinci's Vitruvian Man represents harmony, balance, and the interconnectedness of all aspects of health, perfectly aligning with Hamilton's integrated system of care.