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INFORMATION

Daryl Cole: 706-272-6168

Ridgewood Manor helps Dalton resident regain mobility

DALTON, Ga. (December 5, 2025) — Dalton resident Alice Bryant was facing the possibility of amputation of her feet earlier this year when blood flow became so restricted she had to go to the Emergency Department.

After an angioplasty, a procedure that opens narrowed or blocked blood vessels to restore circulation, Bryant began the long road of healing from open wounds and regaining her mobility.

Fifteen days of therapy and skilled nursing services at Ridgewood Manor Health and Rehabilitation, part of Vitruvian Health, made a remarkable difference. Now, at age 88, Bryant is able to walk again and take a more active role in her daily care.

Her son, Barron Bryant, said the staff at Ridgewood kept him well informed about her treatment and daily progress, while Falon Cook, physical therapy assistant, Crystal Duke, certified occupational therapy assistant, and other members of the care team provided attentive and compassionate support.

For someone facing a similar situation, Bryant said, "Take things one day at a time, step by step, and have a positive outlook."

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Photo: Falon Cook, physical therapy assistant (left), and Crystal Duke, certified occupational therapy assistant (right), played key roles in Alice Bryant's therapy at Ridgewood Manor Health and Rehabilitation.

About Vitruvian Health

Vitruvian Health, formerly Hamilton Health Care System, is a not-for-profit, fully integrated health system serving the Northwest Georgia and Southeast Tennessee regions. Vitruvian includes Hamilton Medical Center in Dalton, Ga., and Bradley Medical Center in Cleveland, Tenn., affiliated physician practices, walk-in care centers, retirement and skilled nursing centers, a diagnostic center, a cancer institute, an institute for children with developmental delays, and more. Known for its advanced care and personalized service, Vitruvian Health offers innovative treatment options in state-of-the-art facilities while maintaining a compassionate, friendly and tranquil healing environment.

The Vitruvian name draws from the organization's recognizable da Vinci-inspired Vitruvian Man icon, which has been a prominent part of Hamilton's logo since 1976. Da Vinci's Vitruvian Man represents harmony, balance, and the interconnectedness of all aspects of health, perfectly aligning with Hamilton's integrated system of care.