



Vitruvian Health

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INFORMATION

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Regency Park rehab team helps get Florida grandmother mobile again

DALTON, Ga. (July 13, 2026) – Norma Mishoe and her husband, Kenny, were visiting family and enjoying a grandson’s ballgame when she had a fall that fractured both her ankles and sent her on a months-long rehabilitation journey.

Now, the Milton, Fla., resident is back home — but with a renewed appreciation for Regency Park Health and Rehabilitation, part of Hamilton Long Term Care, where she recovered and became mobile again.

Mishoe received physical and occupational therapy services from late-April to mid-June at Regency Park. At first, recovering from surgery on one side and still unable to walk on the other, she thought life had changed permanently. She could do almost nothing for herself.

“As time progressed, with the optimistic support and tremendous care from the CNAs and nurses at Regency, along with the incredible expertise of Deniece Masters and all in the PT [physical therapy] department and Aimee Raley from the OT [occupational therapy] department, I literally saw improvement every day,” Mishoe said. “Each day, those two had so many exercises and maneuvers to help me learn how to navigate life while in rehab and eventually at home.”

Today, Mishoe is still progressing in her rehabilitation. She encourages anyone facing a similarly long recovery road to trust the process, and to follow the lead of the therapists who have been trained to teach patients how to exercise in ways that help them return to as much normalcy as possible while healing.

Masters said Mishoe’s husband was her biggest cheerleader, and she worked hard.

“One of the things I admired was her determination throughout the process,” Masters said. “Despite physical challenges and setbacks, she approached therapy with a positive attitude and willingness to work hard. Her goal to return to Florida was evident from day one.”

Mishoe said that if the accident had to happen to her she's glad that it happened here.

"I received the most wonderful care from Regency Park — and we got to see our son and his family more often than we would have if it had occurred in Florida," she said.

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Photo: Norma Mishoe is pictured with Regency Park associates.

About Hamilton Long Term Care

Hamilton Long Term Care, which includes Regency Park Health and Rehabilitation, Quinton Memorial Health and Rehabilitation, and Ridgewood Manor Health and Rehabilitation, offers many of the comforts of home and community, as well as daily activities designed to energize and entertain. The highly trained staff members work with each patient's physician to create a comprehensive and individualized care plan.

Each facility provides short-term and long-term residential rehabilitative care through physical therapy, occupational therapy, and speech-language therapy. The restorative program works on improving both physical ability (such as joint range of motion and general mobility) and mental function (such as memory improvement, comprehension, and problem-solving skills). Whether through group or individual sessions, each patient is encouraged to achieve and maintain his or her desired highest, individual level of functioning.

About Vitruvian Health

Vitruvian Health, formerly Hamilton Health Care System, is a not-for-profit, fully integrated health system serving the Northwest Georgia and Southeast Tennessee regions. Vitruvian includes Hamilton Medical Center in Dalton, Ga., and Bradley Medical Center in Cleveland, Tenn., affiliated physician practices, walk-in care centers, retirement and skilled nursing centers, a diagnostic center, a cancer institute, an institute for children with developmental delays, and more. Known for its advanced care and personalized service, Vitruvian Health offers innovative treatment options in state-of-the-art facilities while maintaining a compassionate, friendly and tranquil healing environment.

The Vitruvian name draws from the organization's recognizable da Vinci-inspired Vitruvian Man icon, which has been a prominent part of Hamilton's logo since 1976. Da Vinci's Vitruvian Man represents harmony, balance, and the interconnectedness of all aspects of health, perfectly aligning with Hamilton's integrated system of care.