



# Vitruvian Health

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INFORMATION

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## Quinton patient shares recovery journey

**DALTON, Ga. (November 14, 2025)** – At 80 years old, Tunnel Hill resident Hiram “Gene” Stevens initially doubted whether he could recover after sustaining a fractured fibula, six broken ribs and a collapsed lung – all on the right side of his body.

He received physical and occupational therapy at Quinton Memorial Health and Rehabilitation, part of Vitruvian Health. At first, he wasn’t sure how an 80-year-old man could recover from the many injuries he had sustained. After he was admitted, though, he says he was impressed with the care plan the staff laid out.

“He felt as though a plan of care was developed specifically for him,” said Christy Williamson, Rehab Services director. “It included the entire team and his wife.”

Stevens’ two therapists, Jordan Lavrey, PTA, and Michelle Gibson, COTA, asked him what he would consider a successful rehabilitation. Stevens told them his goal was to be back to where he was the day before his injury. He said his therapists took him completely at his word and set up a plan to get him there.

Now, on the other side of recovery, he has some wisdom to offer others who might find themselves in a similar situation.

“Come to Quinton,” Stevens said. “I was looked at as an individual. They cared.”

At times, his therapists gave what he describes as “tough love,” assigning exercises or activities he found difficult but also providing encouragement along the way. He knew it would be hard, but he also knew he could do it.

Stevens was essentially bedridden when he was admitted. Now, everything is easier. He said the empathy of the staff was especially impactful.

“Everyone was so friendly and provided me with anything I needed, including snacks at night,” Stevens said. “The entire Quinton team treated me like a family member and understood my desire to work hard and return home.”

Stevens will continue outpatient rehabilitation on his right ankle, but in the meantime, he has been released and is looking forward to getting on his tractor and playing golf.

Before retiring, Stevens worked for 32 years in Human Resources in the Department of Veterans Affairs at facilities in Cleveland, Ohio; Charleston, S.C.; Richmond, Va.; and Washington, D.C. No stranger to health care delivery systems, Stevens said he considers Quinton “the best.”

During Stevens’ rehab, a dear friend was also at Quinton. When her health declined, and she was hospitalized at Hamilton Medical Center, the Quinton team arranged for transportation for him to see her there before she passed away. It was an act of kindness Stevens said he’ll never forget.

“Mr. Stevens was always smiling and positive,” said Williamson. “He followed the instruction and guidance from his rehab team and was highly motivated to succeed and return home.”

The home assessment was especially helpful, he said.

In addition to Lavrey and Gibson, Stevens said he would like to specifically thank all of the nursing, therapy and support staff who cared for him, including Tina Robinson, Chasity Drake, Kristie Hughes, Hannah Trammell, Laura Sangster, Kathryn Hill and Williamson.

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**Photo:** Hiram “Gene” Stevens is pictured (fifth from right) with some of the Quinton staff members who helped take care of him.

### **About Vitruvian Health**

Vitruvian Health, formerly Hamilton Health Care System, is a not-for-profit, fully integrated health system serving the Northwest Georgia and Southeast Tennessee regions. Vitruvian includes Hamilton Medical Center in Dalton, Ga., and Bradley Medical Center in Cleveland, Tenn., affiliated physician practices, walk-in care centers, retirement and skilled nursing centers, a diagnostic center, a cancer institute, an institute for children with developmental delays, and more. Known for its advanced care and personalized service, Vitruvian Health offers innovative treatment options in state-of-the-art facilities while maintaining a compassionate, friendly and tranquil healing environment.

The Vitruvian name draws from the organization's recognizable da Vinci-inspired Vitruvian Man icon, which has been a prominent part of Hamilton's logo since 1976. Da Vinci's Vitruvian Man represents harmony, balance, and the interconnectedness of all aspects of health, perfectly aligning with Hamilton's integrated system of care.