



Vitruvian Health

FOR IMMEDIATE RELEASE

FOR MEDIA

INFORMATION

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Medical professionals provide sports physicals

DALTON, Ga. (May 5, 2026) – Local health care professionals recently provided free sports physicals to student athletes from 21 local schools. Hamilton Sports Medicine coordinated the annual event.

Volunteers included Hamilton Sports Medicine associates, local orthopedic surgeons, Hamilton residents and nursing students from Dalton State College.

Participating schools included Dalton State College, Christian Heritage School, Coahulla Creek High School, Dalton High School, The Dalton Academy, Dalton Junior High School, Northwest Whitfield Middle School, Northwest Whitfield High School, Southeast Whitfield High School, North Murray High School, Murray County High School, Calhoun High School, New Hope Middle School, Hammond Creek Middle School, Notre Dame High School (Chattanooga), Valley Point Middle School, Bagley Middle School and Gladden Middle School. In total, 678 students participated.

The physicals involved checks on vital signs, height, weight and vision, a review of athletes' comprehensive medical questionnaires, and a musculoskeletal functional movement screening. Local cardiologists provided cardiac clearance to athletes who needed it.

Hamilton Sports Medicine, a Hamilton Medical Center program, provides athletic trainers for outreach athletic assistance at Dalton State College and local high schools, including Christian Heritage, Dalton, Northwest Whitfield, Southeast Whitfield, Murray County, North Murray, Coahulla Creek and Calhoun. As part of the program, an athletic trainer is on-sight at the schools and at community sports events.

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Photos:

- Thomas Flynn, MD, Hamilton Physician Group – Specialty Care, and Megan Kennedy, Hamilton Sports Medicine certified athletic trainer
- Antoine Simmons, Hamilton Sports Medicine certified athletic trainer, with a student athlete
- Joe Ogden, Hamilton Sports Medicine certified athletic trainer, with a student athlete
- Tony Mathis, Hamilton Sports Medicine certified athletic trainer, with a student athlete

About Hamilton Medical Center

The flagship affiliate for Vitruvian Health's Northwest Georgia region, Hamilton Medical Center (HMC) is a 255-bed regional acute-care hospital that offers major medical, surgical and diagnostic services, including accredited stroke and chest pain centers. Advanced technology and wellness are two significant areas of focus for HMC. Services include the freestanding Hamilton Ambulatory Surgery Center, Hamilton Diagnostics Center, and Bradley Wellness Center, as well as a Level II trauma center, Peoples Cancer Institute, Heart & Vascular program (including open heart surgery), Hamilton Spine Health and Sport, Level III Neonatal Intensive Care Unit, and more.

About Vitruvian Health

Vitruvian Health, formerly Hamilton Health Care System, is a not-for-profit, fully integrated health system serving the Northwest Georgia and Southeast Tennessee regions. Vitruvian includes Hamilton Medical Center in Dalton, Ga., and Bradley Medical Center in Cleveland, Tenn., affiliated physician practices, walk-in care centers, retirement and skilled nursing centers, a diagnostic center, a cancer institute, an institute for children with developmental delays, and more. Known for its advanced care and personalized service, Vitruvian Health offers innovative treatment options in state-of-the-art facilities while maintaining a compassionate, friendly and tranquil healing environment.

The Vitruvian name draws from the organization's recognizable da Vinci-inspired Vitruvian Man icon, which has been a prominent part of Hamilton's logo since 1976. Da Vinci's Vitruvian Man represents harmony, balance, and the interconnectedness of all aspects of health, perfectly aligning with Hamilton's integrated system of care.