



Vitruvian Health

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Hamilton Medical Center staff members celebrate first-time mom

DALTON, Ga. (January 28, 2026) – A mother-baby nurse at Hamilton Medical Center (HMC) for the past four years, Triplett says her birth experience at HMC's Turner Maternal and Infant Care Center exceeded expectations. That confidence is what led her to drive about 30 miles to deliver her first child there.

Triplett said she never questioned where she wanted to give birth. She insisted on making the drive because she trusted the care — and she said the experience lived up to that trust.

In November, her daughter was delivered following a scheduled induction, which began at 5:30 a.m. and concluded at 3:30 p.m. after about 20 minutes of pushing. Triplett said her decision to make the drive and deliver at HMC surprised some people at first due to the distance, but their impressions changed once they visited her in the hospital.

"They kept saying how amazing everyone was," she said. "They were surprised by how clean the rooms were, and they loved the Southern hospitality."

Triplett said the fact that many staff members have worked at the hospital for several years speaks to the quality of the work environment. That stability, she said, was evident throughout her labor, delivery and postpartum care.

As a first-time mother — and a colleague — Triplett said the staff made the experience especially meaningful. "It meant a lot to me how excited everyone was for me," she said.

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Photo: Jaylene Triplett with her new baby.

About Hamilton Medical Center

The flagship affiliate for Vitruvian Health's Northwest Georgia region, Hamilton Medical Center (HMC) is a 255-bed regional acute-care hospital that offers major medical, surgical and diagnostic services, including accredited stroke and chest pain centers. Advanced technology and wellness are two significant areas of focus for HMC. Services include the freestanding Hamilton Ambulatory Surgery Center, Hamilton Diagnostics Center, and Bradley Wellness Center, as well as a Level II trauma center, Peebles Cancer Institute, Heart & Vascular program (including open heart surgery), Hamilton Spine Health and Sport, Level III Neonatal Intensive Care Unit, and more.