



Vitruvian Health

FOR IMMEDIATE RELEASE

FOR MEDIA

INFORMATION

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Adil joins Hamilton Physician Group – Specialty Care

DALTON, Ga. (April 30, 2026) – Umama Adil, MD, has joined Hamilton Physician Group - Specialty Care, part of Vitruvian Health, as a pulmonary and critical care physician.

Originally from Pakistan, Adil attended Agha Khan Medical College in Pakistan and completed her Internal Medicine residency at Hennepin County Medical Center in Minneapolis, Minn. She completed a fellowship in Pulmonary and Critical Care through the University of Oklahoma in Oklahoma City, Okla. She is board certified in Internal Medicine, Pulmonary Medicine and Critical Care.

Both of Adil's parents and all her siblings are physicians, so she says a medical career was the natural choice. Adil said she grew interested in pulmonology during a clinical rotation in an intensive care unit as an intern. She immediately was drawn to the rewards of working with sick patients and helping them grow better.

Adil sees patients for a range of conditions, including chronic obstructive pulmonary disorder, asthma, interstitial lung disease, sarcoidosis, lung disease and more.

Adil says that building good relationships with her patients is an important part of medicine.

"I want my patients to know that I will always look out for them and make sure they're always heard," she says. "I will always be an advocate for them."

To make an appointment with Adil, please call 706-529-3072.

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Photo: Umama Adil, MD

About Hamilton Physician Group – Specialty Care

Hamilton Physician Group – Specialty Care is committed to the care and improvement of the life of the patient. The multidisciplinary team uses advanced diagnostic techniques to treat complex conditions. The practice includes pulmonary, palliative, rheumatology, and sleep medicine services.

About Vitruvian Health

Vitruvian Health, formerly Hamilton Health Care System, is a not-for-profit, fully integrated health system serving the Northwest Georgia and Southeast Tennessee regions. Vitruvian includes Hamilton Medical Center in Dalton, Ga., and Bradley Medical Center in Cleveland, Tenn., affiliated physician practices, walk-in care centers, retirement and skilled nursing centers, a diagnostic center, a cancer institute, an institute for children with developmental delays, and more. Known for its advanced care and personalized service, Vitruvian Health offers innovative treatment options in state-of-the-art facilities while maintaining a compassionate, friendly and tranquil healing environment.

The Vitruvian name draws from the organization's recognizable da Vinci-inspired Vitruvian Man icon, which has been a prominent part of Hamilton's logo since 1976. Da Vinci's Vitruvian Man represents harmony, balance, and the interconnectedness of all aspects of health, perfectly aligning with Hamilton's integrated system of care.