



Vitruvian Health

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INFORMATION

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92-year-old regains strength following wreck

DALTON, Ga. (December 19, 2025) – Even after a car wreck left her reeling from pain, weakness and difficulty getting around, 92-year-old Dalton resident Monteen Blevins wasn't about to give up.

She spent a month receiving services at Ridgewood Manor Health and Rehabilitation, part of Vitruvian Health. While there, she participated in physical therapy, occupational therapy and speech therapy daily, and staff said Blevins approached her recovery with a positive outlook and high motivation.

Over time, daily tasks became easier, and basic mobility — like getting out of bed or walking down a hallway — felt lighter. She's now working to regain the stamina and strength for chores around her house. She especially praised Falon Cook, physical therapy assistant, and Crystal Duke, certified occupational therapy assistant, for their work.

"Everyone has been nice to me and were willing to help with my care," Blevins said.

Ridgewood staff are trained and equipped to serve individuals with a wide variety of diagnoses who need rehabilitative services like occupational therapy, physical therapy, speech therapy and more.

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Photo: From left are Falon Cook, physical therapy assistant; Monteen Blevins, Ridgewood therapy patient; and Crystal Duke, certified occupational therapy assistant.

About Vitruvian Health

Vitruvian Health, formerly Hamilton Health Care System, is a not-for-profit, fully integrated health system serving the Northwest Georgia and Southeast Tennessee regions. Vitruvian includes Hamilton Medical Center in Dalton, Ga., and Bradley Medical Center in Cleveland, Tenn., affiliated physician practices, walk-in care centers, retirement and skilled nursing centers, a diagnostic center, a cancer institute, an institute for children with developmental delays, and more. Known for its advanced care and personalized service, Vitruvian Health offers innovative treatment options in state-of-the-art facilities while maintaining a compassionate, friendly and tranquil healing environment.

The Vitruvian name draws from the organization's recognizable da Vinci-inspired Vitruvian Man icon, which has been a prominent part of Hamilton's logo since 1976. Da Vinci's Vitruvian Man represents harmony, balance, and the interconnectedness of all aspects of health, perfectly aligning with Hamilton's integrated system of care.