



Resident Spotlight: Dr. Eric Mbua

Dr. Eric Mbua's story begins in Cameroon, Central Africa, where he was raised and educated for the early part of his life. He then embarked on a global path toward becoming a physician. With a background in science education and a heart for service, Mbua knew early on that he wanted to make a lasting impact in people's lives.

"I've always had the drive to be part of a team that creates solutions to make others' lives easier and more comfortable," he said. "As a former science teacher, I loved helping others and seeing them succeed. Bringing that same philosophy into healthcare makes the impact even more meaningful."

After earning his undergraduate degree from the University of Buea in Cameroon, Mbua went on to attend Ross University School of Medicine. He chose Georgia South Family Medicine Residency Program in Moultrie, Georgia, to stay close to family and immerse himself in a program that offered strong hands-on training.

"I've been living in Georgia for a long time, and I wanted a residency close to home," said Mbua. "Moultrie was my first choice. I liked the idea of training in a program where I could get more direct experience and work closely with faculty."

Since starting his residency, Mbua has found the experience to be both welcoming and inspiring.

“The transition has been smooth,” he said. “Everyone here is so helpful and committed to making sure residents feel supported. I’ve only had positive experiences so far.”

Mbua is particularly drawn to family medicine because of its comprehensive scope and relational nature.

“I love that family medicine allows me to care for patients across their lifespan—from newborns to the elderly,” he shared. “It gives me the opportunity to build meaningful relationships and offer preventive care that helps people lead healthier lives.”

His long-term goals include practicing as a primary care provider serving the community and possibly working as a hospitalist to manage acute medical conditions. He sees both paths as opportunities to live out his passion for problem-solving and helping others.

“I enjoy the challenge of figuring out what’s wrong and providing solutions that improve someone’s life,” he said. “It’s very fulfilling.”

One of the most memorable parts of his time in Moultrie so far has been the hospitality of the people.

“Everyone greets you with a smile,” Mbua said. “It’s a small thing, but it makes a big difference.”

Outside of medicine, Mbua enjoys cooking traditional Cameroonian dishes, watching movies, and following soccer—though he admits he’s more of a spectator now than a player.

And an interesting fact? “I used to be good at gymnastics, and I might have become a professional soccer player if I hadn’t chosen medicine,” he added.