

PRESS RELEASE

FOR MEDIA INFORMATION

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AdventHealth Redmond to provide heart healthy tips and screenings

In celebration of heart month and Wear Red Day for women's heart health, AdventHealth Redmond is providing health information and screenings in Floyd and Polk counties.

On Friday, Feb. 2, AdventHealth team members will hand out heart healthy tips and giveaways to community members at the following Chik-fil-A locations from 7 to 9 am:

- Truett's Chik-fil-A
264 Shorter Ave NW, Rome, GA 30165
- Chik-fil-A Cedartown
1610 Rome Hwy, Cedartown, GA 30125
- Chik-fil-A Rockmart
1500 Chattahoochee Dr, Rockmart, GA 30153

In addition, the AdventHealth Redmond AngioScreen bus will be parked at Truett's Chik-fil-A from 7 am until 1 pm on Feb. 2. An AngioScreen is a noninvasive, 10-minute vascular screening designed to assess your risk of heart disease and stroke. In celebration of Heart Month, participants can sign up for the special price of \$55 (normally \$85). Walk-ins are also welcome.

This painless 10-minute assessment delivers immediate results at the time of screening. An AngioScreen includes carotid artery screening ultrasound looking for plaque (the leading cause of stroke), 5 lead EKG of the heart rhythm, ankle brachial indices and abdominal aortic aneurysm (AAA) screening. If you have any of the following risk factors, you should consider scheduling your screened today:

- Age 55 or above
- High blood pressure
- High cholesterol
- History of smoking
- Family history of stroke
- Diabetes
- Obesity

- Family history of heart attack
- A personal medical history of other cardiovascular issues

The screening is \$55 per person and is HSA eligible. To register for this screening, visit <https://bit.ly/3vTFXsB>.

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About AdventHealth Redmond

Founded in 1972, AdventHealth Redmond is proud to be a member of AdventHealth. With a sacred mission of Extending the Healing Ministry of Christ, AdventHealth is a connected system of care for every stage of life and health. More than 90,000 skilled and compassionate caregivers in physician practices, hospitals, outpatient clinics, skilled nursing facilities, home health agencies and hospice centers provide individualized, wholistic care. A shared vision, common values, focus on whole-person health and commitment to making communities healthier unify the system's nearly 50 hospital campuses and hundreds of care sites in diverse markets throughout almost a dozen states. For more information about AdventHealth, visit AdventHealth.com or Facebook.com/AdventHealth.