

Resident Spotlight: Dr. Carol Medina



Growing up in Damascus, Syria, Dr. Carol Medina knew from a young age that she had a heart for people. It was that passion that started her on a journey to becoming a physician.

After moving to America, Medina settled into her new home in Jacksonville, Florida, and soon began laying the foundation for a career in medicine.

She attended Saint Johns River State College, where she received her radiologic technology degree. She then went on to the University of North Florida, where she earned her Bachelor of Science degree in biomedical science.

Working as a radiologic technologist, Medina got to experience patient care, which deepened her desire to pursue medical school.

“I enjoy helping people, and I think medicine is the most fascinating career out there,” said Medina. “Learning all about the human body always piqued my interest. I

genuinely enjoy taking care of patients and helping them during some of the more challenging times in their lives due to illness.”

Medina then attended Ross University School of Medicine, where she received her medical degree. As it became time to explore residency programs, Georgia South Family Medicine Residency Program quickly became her number one choice.

“I chose Georgia South because I wanted to be part of a residency program that serves a rural community in need of medical professionals,” said Medina. “I enjoy rural medicine, and I know there is a shortage of physicians in many areas. I want to go where I am needed, and I know I can help make a difference in the community and residency program.”

Now that she is at Georgia South, Medina is confident that she chose the right program to help her flourish as a physician.

“My experience at Georgia South has been exceptional,” said Medina. “I have enjoyed learning alongside my fellow residents and building new friendships with faculty and attending physicians. I enjoy that I am part of a team that cares about the community and is always striving to build on their success.”

When asked why she chose family medicine, Medina spoke of how she enjoys getting to treat a variety of patients and provide a full spectrum of care.

“This specialty encompasses all the reasons I pursued medicine,” said Medina. “I can focus on medicine as a whole versus one specific system of the body. With family medicine, I can continue sharpening my OB/GYN skills and also treat pediatrics, adolescents, adults, and geriatrics.”

She also spoke of her motivation to become the best physician possible for her patients and the immense responsibility that comes with being a medical professional.

“I am extremely passionate about patient care,” said Medina. “It is always an honor to stand by them when they are vulnerable. I am committed to advocating for them so they can receive the best care possible.”

As she nears the end of her first year of residency, Medina reflected on her favorite memory thus far and how Moultrie and Colquitt County continue to make a lasting impression on her.

“The annual Resident Welcome Ceremony, where all new residents receive their white coats, was an incredibly special event,” said Medina. “It was very heartwarming to meet members of the community and be welcomed into South Georgia with open arms.”

When not practicing medicine, Medina enjoys crocheting, reading, and spending time with her family.