

What are the symptoms?

- **You get very nervous and irritable**
- **You might sweat more than usual**
- **You might feel your heart racing**
- **Your hands might shake**
- **You get very anxious**
- **You might have trouble sleeping**
- **Your hair will break easily**
- **Your muscles might get weak.**
- **You might be losing weight even if you are eating the same**
- **You might have red, itchy skin**

